

Year 8 Food Long Term Plan 2023-24 - Foods from different cultures

		Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
T e r m	C u r r i c u l u m C o n t e n t	Recap - how to be safe in the kitchen. Careers within food and cookery Baseline assessment	Jollof Rice Knife skills, boiling, seasoning	The 4C's - food poisoning and bacteria	Pizza Dough, kneading, learning about Yeast and what it does	Yeast Yeast and sugar experiment. Dough and proving.	Spring Rolls Knife skills, frying, seasoning	Factors affecting food choices.
	R e t r i e v a l	Health and safety recall – hazardous kitchen, highlight the hazards.	Room expectations, how to prepare for cooking?	Evaluation of last lessons dish	4 C recall	Evaluation of last lessons dish	What did you learn last lesson?	Evaluation of last lessons dish
		Lesson 8	Lesson 9	Lesson 10	Lesson 11	Lesson 12	Lesson 13	Lesson 14
T e r m	C u r r i c u l u m C o n t e n t	Fajita Knife skills, frying, seasoning	Obesity	Romanian dish Romanian Chocolate cake - Boema	Food and the environment	Contaminants Physical Chemical Bacterial	Assessment	
	R e t r i e v	Recall about food choices.	Evaluation of last lessons dish	Recall about obesity	Evaluation of last lessons dish	Recall about food and the environment.	Contamination recall	

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