PSHE Reading List

KEY STAGE 3

Year 7

Year 8

Growing up for Boys and Girls Collection 2 Books Set, (Growing Up for Girls and Growing Up for

Boys) By Usbourne

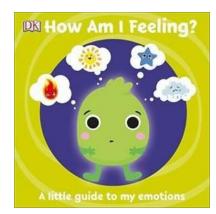
Puberty and Growing up By Anna Claybourne

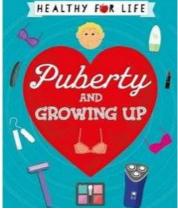
Not quite the usual setup By Papa O'Donovan Soler & Jessica Pona Reeves

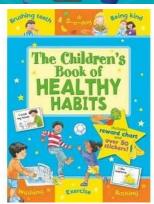
How am I feeling? A little guide to my emotions By DK children

The Children's book of healthy habits By Sophie Giles









Key Stage 4

Year 9 Year 10 Year 11

Smoking, Drugs and Alcohol By Anna Claybourne

Explore PSHE KS4
By Catharine Kirk & Pauline Stirling

The life of Stephen Lawrence By Verna Allette Wilkins

Becoming
By Michelle Obama

